

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 Ground Hog Day 10:00am Chair One - SOL 10:45am Company We Keep 3:15pm Indoor Walking Group - SOL	3 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 3:00pm Tai Chi with Theresa - SOL 6:00pm Music with RULE62 - SOL	4 10:00am Chair Tap Dance - SOL 10:30am Men's Club - Wallace 10:45am Grandfriends - SOL 1:30pm Drumfit - SOL 3:00pm Bible Study with Brian - Wallace	5 9:30am Coffee Time 10:30am Church Service 1:30pm Baking - SOL 3:00pm Meditation - SOL	6 10:00am Exercise -wallace 1:30pm Lexicon 1 - SOL 2:00pm Lexicon 2 - Blenkhorne Dining Room	7 10:00am Word Games 1:30pm Exercises - SOL
8 	9 10:00am Chair One - SOL 10:45am Company We Keep 1:30pm Knitting - SOL 3:15pm Indoor Walking Group - SOL	10 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 3:00pm Tai Chi with Theresa - SOL 6:00pm Music with Dave Riley - SOL	11 10:00am Chair Tap Dance - SOL 10:30am Men's Club - Wallace 10:45am Grandfriends - SOL 1:30pm Bowling - SOL 3:00pm Bible Study with Brian - Wallace	12 9:30am Coffee Time 10:30am Church Service 1:30pm Valentine tea - SOL	13 10:00am Daycare Visit - Time with Tots 1:30pm Lexicon 1 - SOL 2:00pm Lexicon 2 - Blenkhorne Dining Room	14 Valentine Day 10:00am Bowling - SOL 1:30pm Crafts - SOL 
15 	16 Heritage Day 10:00am Chair One - SOL 10:45am Company We Keep 1:30pm Avon Strings - SOL 3:15pm Indoor Walking Group - SOL	17 Pancake Day 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 3:00pm Tai Chi with Theresa - SOL 6:00pm Music - with the Friends - SOL	18 10:00am Chair Tap Dance - SOL 10:30am Men's Club - Wallace 10:45am Grandfriends - SOL 1:30pm Baking - SOL 3:00pm Bible Study with Brian - Wallace	19 9:30am Coffee Time 9:45am Resident Council Meeting - SOL 10:30am Church Service 1:30pm Gospel Troop 3:00pm Meditation - SOL	20 10:00am Exercise -wallace 1:30pm Lexicon 1 - SOL 2:00pm Lexicon 2 - Blenkhorne Dining Room	21 10:00am Rocks and Rings - SOL 1:30pm Exercises - SOL
22 	23 10:00am Chair One - SOL 10:45am Company We Keep 1:30pm Knitting - SOL 3:15pm Indoor Walking Group - SOL	24 10:00am Stretch and Strength - SOL 1:30pm Bingo - SOL 3:00pm Tai Chi with Theresa - SOL 6:00pm Music with Dave Riley - SOL	25 10:30am Men's Club - Wallace 10:45am Grandfriends - SOL 1:30pm Drumfit - SOL 3:00pm Bible Study with Brian - Wallace	26 9:30am Coffee Time 9:45am Learn about Chinese New Year - SOL 10:30am Church Service 1:30pm Jeopardy - SOL 3:00pm Meditation - SOL	27 10:00am Daycare Visit - Time with Tots 1:30pm Lexicon 1 - SOL 2:00pm Lexicon 2 - Blenkhorne Dining Room	28 10:00am Balloon Volley Ball - SOL 1:30pm Name that Tune - SOL